



MUNCHIES

KEEP SMILING AND ENJOY
WE LOVE YOU



+255 768 445 599



MUNCHIES.TZ



KITONGA STREET UPANGA



MUNCHIES TZ



FRUITY FLAVORED POPSICLES

ORANGE	3,000
PASSION	3,000
LEMON MINT	3,000
SPICY BUNGO	3,000
UBUYU - BAOBAB	3,000
TANGY TAMARIND - UKWAJU	3,000
GUAVA - MAPERA - SEASONAL	3,000
KHUNGU	3,000
RAMPHAR	3,000
ROSELLA / HIBISCUS	3,000
BEET + CARROT + APPLE	3,000

SOME FLAVORS ARE SEASONAL AND MAY NOT BE AVAILABLE

ASK FOR NEW AND SPECIAL FLAVORS



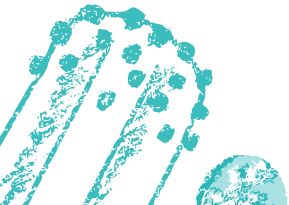


FRUITY FLAVORED POPSICLES

TROPICAL	3,000
MANGO	3,000
UKWAJU + PILIPILI MBUZI	3,000
RAMPHAR + PILIPILI MBUZI	3,000
RAW MANGO WITH CHUNKS	3,000
ANJARI	3,000
VIMTO	3,000
SPICY RAW MANGO WITH CHUNKS	3,000
MADAFU (COCONUT WATER)	3,000
SPICY BUYU	3,000

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ASK FOR NEW AND SPECIAL FLAVORS





SPECIAL FLAVORED POPSICLES

TANGERINE *MACHENZA* (SEASONAL)	3,000
RED DEVIL	3,000
MIXED BERRY	3,000
MELON BERRY	3,000
GRAPES	3,000
ZAMBARAU (SEASONAL)	3,000
LYNCHEE (SEASONAL)	4,000
EMBE KIZUNGU *AMBARELLA* (SEASONAL)	3,000
EMBE KIZUNGU SPICY *AMBARELLA* (SEASONAL)	3,000

SUGAR FREE FLAVORS

WATERMELON	3,000
PINEAPPLE SUGAR FREE	3,000
ZAMBARAU SUGAR FREE	3,000
KULFI SUGAR FREE	5,000

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ASK FOR NEW AND SPECIAL FLAVORS





CREAMY POPSICLES

VANILLA	4,000
CHOCOLATE	4,000
STRAWBERRY	4,000
BLUEBERRY	4,000
CHOCOLATE PEANUTS	4,000
KESSAR / SAFFRON	4,000
ROSE	4,000
MOCHA	4,000
NUTTELA	5,000



RAS MALAI SPECIALTY	7,000
OREO MINT	5,000
BROWNIE FUDGE	5,000
OREO	5,000
KULFI	5,000
LOTUS	5,000
CHOCO MINT DARK CHOCO	6,000
DIPPING	



ADD 2,000 EXTRA FOR DIPPING

ADD 1,000 FOR TOPPING IN ANY CREAMY POPSICLE





KIDS SPECIALS

BUBBLE GUM

4,000 

MILKSHAKES

VANILLA	9,000
CHOCOLATE	9,000
KULFI	11,000
OREO	11,000
LOTUS	11,000
ICE COFFEE	11,000
KESAR	11,000
SITAFAR (SEASONAL)	11,000
HEAVENLY STRAWBERRY- MILKSHAKE	11,000
NUTTELA MILKSHAKE	11,000





MUNCHFLURRY

A thicker blend of Milkshake with choice of 3 Toppings and 1 sauce to choose from

CHOOSE YOUR SAUCE

Caramel
Chocolate
Strawberry

CHOOSE 3 TOPPINGS FROM OUR TOPPINGS COUNTER

We have a Range of 15 toppings to choose from or ask the Waiter for the toppings list

CHOOSE YOUR BASE ICE CREAM

Vanilla
Chocolate
Vanilla chocolate mix

10,000





SPECIAL SUNDAE

(BEST TO EXPERIENCE AT MUNCHIES)

COCONUT SUNDAE

Served in a coconut shell

12,000

OREO SUNDAE

Vanilla Ice cream topped with Fudge sauce, Oreo biscuits and peanuts

12,000

BROWNIE DELIGHT

Layers of Brownie chunks with almond and fodge sauce served with vanilla / chocolate ice cream

12,000

BUSTER BAR



Layers of Ice cream with nuts sauces and whipped cream

12,000

HEAVENLY STRAWBERRY

Strawberry paste with vanilla Ice cream

12,000

BROWNIE MELTING POPSICLE SUNDAE

Layers of Brownie fudge pop with vanilla Ice cream topped with almond, brownie and melted marshmallow

12,000

KIDS SPECIAL



DINO / TOY SUNDAE

Blend of soft serve Ice cream with hidden toys for kids

12,000





SLUSHY DRINK

A REFRESHING COLD DRINK WITH SWEETNESS

Note: Customer can choose from any fruit popsicle

SPECIAL FRUITY FLAVORED POPS

*Try to give your taste Buds some challenges and enjoy your own Creation of a fruit slushy drink choose any 4 fruity pops



11,000

CONES

BIG CONE

6,000



SMALL CONE

5,000





MUNCH ICES MIXTURE OF 4 FRUIT POPS

**A MIX OF FRUIT FLAVORED POPS THAT WILL LEAVE
YOU MESMERIZED WITH THEIR ROBUST TASTE**

Note: Choose any four regular fruit popsicles

MUNCHIES FAVOURITE

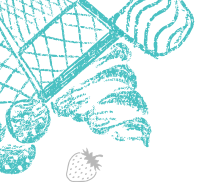
**SPICY BUNGO / RAMPHAR PILIPILI MBUZI /
UKWAJU PILIPILI MBUZI / SPICY RAW MANGO** **10,000**

**MELON BERRY / LEMON MINT / KHUNGU /
MANGO** **10,000**

**PASSION / MANGO / RAW MANGO / EMBE
KIZUNGU** **10,000**

RAMPHAR / ROSELA / MAPERA / GRAPES **10,000**





HOT

ESPRESSO	3,000
ESPRESSO DOUBLE	5,000
CAPPUCINO	5,000
CAFE LATTE SINGLE	5,000
CAFE LATTE DOUBLE	7,000
AMERICANO	7,000
MOCHACHINO	6,000
HOT CHOCOLATE	7,000
CARAMEL LATTE	7,000
ESPRESSO MACHIATO	5,000



TEA

INDIAN TEA	5,000
MASALA TEA	5,000
CHAI LATTE	5,000
CHAI DAWA	4,000
MINT TEA	4,000





COLD

 CLASSIC COLD COFFEE	10,000
ICED CAPPUCCINO	8,000
 ICED MOCHACHINO	8,000
LEMON ICE TEA	7,000
PASSION ICE TEA	7,000
STRAWBERRY ICE TEA	7,000
ICE CAFE LATTE	8,000
ICE CARAMEL LATTE	8,000
ICE AMERICANO	8,000

FRAPPUCINO

DOUBLE CHOCOLATE CHIP	10,000
CARAMEL	10,000
MOCHA	10,000

MOJITO'S

VIRGIN MOJITO	8,000
SUMMER SANGARIA	10,000
STRAWBERRY	10,000
PASSION LADY	10,000





WAFFLE IT UP

CLASSIC

Dusted with powdered sugar and Topped with some whipped cream, maple syrup, and fresh berries

10,000

NUTELLA & BANANA

Dusted with powdered sugar, bananas and nutella sauce

10,000

COOKIES & CREAM

Crushed oreo mixed in topped with Oreo cream and oreo chunks

10,000



HEAVENLY BERRY

Topped with dusted powder sugar, berry cream and berries

10,000

CHOCO LOCO

Chocolate waffle with chocolate chips, chocolate sauce, chocolate ice cream and finished with chocolate shavings

15,000

SCOOP OF ICE CREAM

5,000

MYO POP

Experience making your own popsicle by picking your choice of popsicle, Dip it in the Dark / Milk or White Chocolate and top it with 3 toppings from the counter

10,000





NEW SPECIAL SUNDAE

RED VELVET SUNDAE

Vanilla Ice cream with layers of red velvet crumbs and red velvet sauce

15,000

MOCHA SUNDAE

Vanilla Ice cream with layers of mocha sauce and nuts



15,000

BLACKFOREST

Chocolate Ice cream with strawberry or cherry glaze, brownie chunks and topped with whipped cream

15,000

TIRAMISU

Vanilla Ice cream, layered with Italian ladyfingers infused in coffee with whipped cream

15,000





KIDS SPECIAL SUNDAES

UNICORN

Vanilla Ice cream with layers of special sauces and topped with marshmallow

11,000

COOKIE MONSTER

Vanilla Ice cream with monster eyes and monster cookies

11,000



KIDS MILKSHAKES

BUBLEGUM SHAKE

Now you can enjoy your favourite Popsicle flavor in milkshake too

11,000

GALAXY FLURRY

Pretty, Swirly vanilla milkshake

10,000



WAFFLE PIZZA



PIZZA FRIES

**THE PERFECT COMBINATION OF
TWO FAVOURITE FOOD**

15,000

Fries topped with choice of sauce, protein,
veggies and cheese

SERVED WITH SODA



CREATE YOUR OWN (WAFFLE PIZZA)

STEP 1: CHOOSE YOUR SAUCE

Marinara or Garlic white

STEP 2: CHOOSE YOUR PROTEIN

Beef, Chicken or Paneer



STEP 3: CHOOSE YOUR VEGGIES

We have a wide range of Veggies to choose from

STEP 4: CHOOSE YOUR DIPPING

Ranch, Dynamite or Garlic

Please allow 15 - 20 minutes to get your Meal ready

15,000

SERVED WITH TIKISA FRIES

ADD 1000 FOR EXTRA VEGGIES TOPPINGS

ADD 2000 FOR PROTEIN TOPPINGS



SALAD

YOUR HEALTHY CHOICE



YOU CREATE IT
WE MAKE IT

Make something fun with our huge selections of fresh
Ingredients

SALAD BOX

STEP 1: CHOOSE YOUR GREENS

STEP 2: CHOOSE YOUR VEGGIES & TOP-
PINGS

STEP 3: CHOOSE YOUR PROTEIN

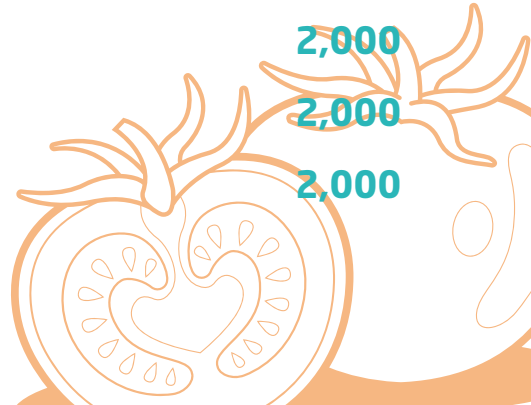
STEP 4: CHOOSE YOUR DRESSING

INCLUDES 500ML WATER

15,000

EXTRAS

TIKISA FRIES	5,000
DIP	1,000
NUTS ON SALAD	2,000
SODA	2,000
WATER	2,000



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